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The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
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Fax: 401-625-6793
Email: seniorcenter@tiverton.ri.gov



MARCH 2024



PLEASE NOTE: The Center will be closed from Friday, March 15th through Friday, March 22nd for Flooring Installation.

Please Join Jill on Thursday, March 7th at 10:15 a.m.

Early American Art: Revolutionary Images

Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Presentations are for people of all backgrounds – artists and non-artists alike. The featured topic, **Early American Art: Revolutionary Images**, offers an opportunity to observe famous people, places, and events of the Revolutionary War, through the eyes of those who experienced it. From the Boston Massacre to the surrender at Yorktown—interpret images of America’s turbulent start and increase your awareness of the many ways art can tell a story. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

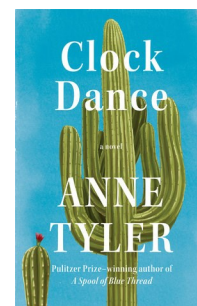
Betsy Sowin
Office Assistant

Paul Anderson
Bus Driver

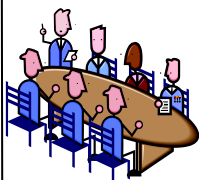
Phil Ferreira
Manny Fontes
Maintenance

Nanci Lambert
Dining Assistant

COME JOIN OUR BOOK GROUP: With assistance from the Tiverton Public Library, March’s book is: **“Clock Dance” by Anne Tyler**
Our next meeting will be on Tuesday, March 12th at 10:15 a.m.
New members are welcome at any time. Suggestions on authors & books are gladly accepted.
Large Print Books are available in office.
All are Welcome!



Center Wish List: tissues; cans of air freshener; rollators and shower chairs



CENTER MEETING~ Thursday, March 28th at 10:15 a.m.
Everyone invited!

Kristen Vincelette from **Creativity With Color** will be leading us once again to create **“Your own MASTERPIECE!”** Come join the fun on Friday, March 1st at 1:00 p.m. and create your own Springtime painting. Sign up in the office; \$15 per person. Come vote for your favorite!



ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room

Learn Ukulele Monday 1-2 p.m._ \$20 for 6-week session

Functional Fitness with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00

Quilting for Charity meets every Monday at 10:00-3:00 p.m.

Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3 p.m.

Chair Yoga with Shirley—Tuesday’s at 9 a.m. Class fee is \$3 per class.

Drums Alive! with Jessica-Tuesdays at 1:00 p.m. Class fee is \$3 per class.

Paint with Shawndavid Tuesdays 2:15-3:45 pm \$25 for 6-week session

Book Club Tuesday, March 12th at 10:15 a.m. : “CLOCK DANCE” by Anne Tyler

Mahjongg– Tuesdays and Fridays, 11:00 a.m.—3 p.m (Learn Mahjongg-Tues/April)

Computer Class with Mark– Wednesday March 13th at 10:00 a.m.

Wednesdays: 12:30-3 p.m. Cribbage (Game Rm) Chorus –Wednesdays at 12:30 in the Lounge

Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members

Center Meeting will be held on Thursday, March 28th at 10:15 am

Technical Assistance with Kristin, Thursdays 10:00 a.m.

BINGO-Thursdays!!! 1:00-3:00 PM Start Promptly at 1:00

Knitters for Charity-Thursdays at 1:00-3:00 p.m.

Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class; Game Day 1-3pm



**Thursdays @ 1:00 SHARP!
March 7th 14th and 28th**

**LEARN MAH JONGG with Ann Marie.
Tuesday Mornings, Starting in April;
sign up in Office. Space is limited**



Kristin Amaral, Technology Coordinator from the Tiverton Public Library: Kristin will be available on Thursdays beginning at 10:00 a.m. Kristin can help with your technological needs: cell phone, etc.

CARE GIVER SUPPORT GROUP

Alzheimer’s and Care Giver Support Group will meet on **Mondays, March 11th and 25th from 2:30 to 3:45p.m.;** Nurse Care Manager: **Janet Grapentine** facilitates this group. **New care givers are always welcome.**



- Lucille Patterson 19
- Janice Goyette 20
- Carol Fraile 21
- Paulette Gagnon 22
- Glenda Sakala 22
- Bruce Thompson 23
- Jan Padula 24
- Carole Siembab 25
- George Pacheco 25
- Deborah Medeiros 26
- Janice Bolduc 26
- Natalie Mello 27
- Charles Simonson 27
- Phyllis Rego 28
- Alicen Sullivan 28
- John Cross 29
- Rosemary Boulanger 30
- Ronald Gagnon 30



Blood Pressure Check with Terri
Visiting Nurse Home & Hospice~
Thursday, March 28th 10:00-11:30 a.m.



MARCH 2024!

Phil Ferreira	01	Russell Wordell	08
Holly Phillips	01	Dot Costa	08
Kathleen Rioux	04	Hadel Trazel	08
Kenneth Burton	04	David Rose	08
Carol Parsons	05	Ann Marie Couture	09
Wendy Pyper	06	Annette Foltz	12
Evelyn Barboza	07	Eleanor Emond	14
Tom Walmsley	07	Dorothy Cyr	16
		Janice Cambra	16

